

VETERANS & FAMILY SUPPORT

Banding Together for Our Veterans



Welcome to March! Hopefully we shall see the sun shining more often than not from hereon in. Of course, this also means that each of you needs to be thinking about what you've done so far this year and what you will be striving to do in the next couple of months. In the end it's all about helping veterans, service members and their families. Continue on with your great work.



National President Carla Martinez has a second special focus this year: suicide prevention. With the holidays upon us, a time that brings increased anxiety, depression and desperation for many of those for whom we care, now is the time to share the crisis prevention number: 988. For veterans, Press 1.

This crisis line is not only for veterans, though. Family members of in-crisis veterans can also call and press 1, and those in crisis themselves who are not veterans are also encouraged to dial those three numbers: 988.

Other extensions include pressing 2 for Spanish speakers and pressing 3 for those in LGBTQIA+ community under age 25; all other callers, remain on the line to be connected with a trained representative momentarily.

Even one loss to suicide is too many. Get help today.

I would like to thank Wanda Brigham from John Weeks Auxiliary. She won the Suicide Awareness Challenge. She has received a blue teardrop pin!



The year is quickly coming to an end. If you haven't done so yet please consider making your donations to all of the special areas within this program: MAPP, Unmet Needs, Sports Clips, etc. Also, please note on the End of Year Report form, I'll be looking for those Auxiliaries that helped their Posts in furthering Veterans & Family Support.

IMPORTANT DATES FOR THE MONTH OF MARCH

March 25, 2024-Medal of Honor Day



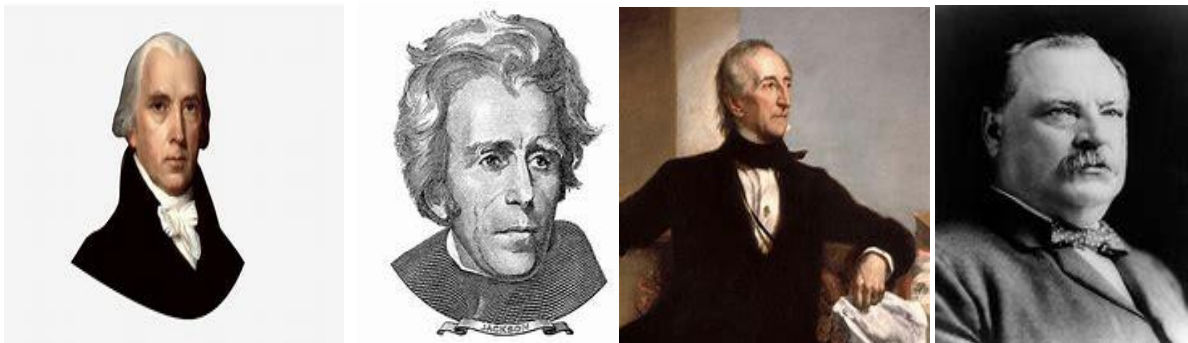
-A holiday to honor the heroism and sacrifice of Medal of Honor recipients for the United States.

March 29, 2024-Vietnam Veterans Day

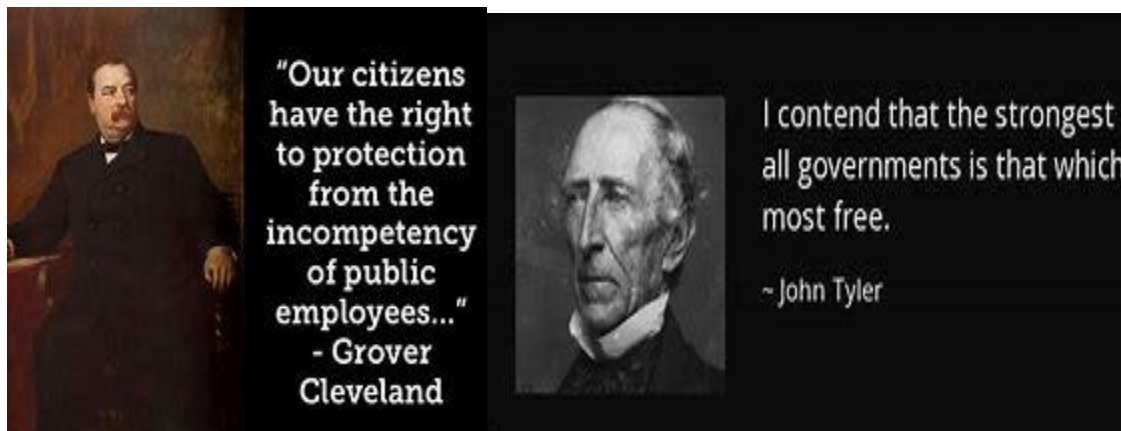


-A national holiday to recognize and honor Veterans who served in the military during the Vietnam War.

PRESIDENTIALLY SPEAKING



Presidents James Madison, Andrew Jackson, John Tyler, and Grover Cleveland were all born in March!





Please get all your online reporting done quickly. As of February 19th, I have only received reports from 2 Auxiliaries. Thank you.

Celeste Nicholas

Dept. Of VA Veterans & Family Support Asst. Chair

(603)393-3092 - text only

union7663aux@gmail.com

For Chairman Linda Theroux

Veterans & Family Support Year-End Report

Auxiliary Name _____

Auxiliary Number _____

- 1) The number of times that your Auxiliary utilized any of the V&FS material/resources available in MALTA Member Resources. _____
- 2) Number of times that your Auxiliary promoted, participated, hosted or co-hosted with the VFW Post activities for any VFW Program listed below:

 - a) Disaster Relief
 - b) Military Assistance (MAPP)
 - c) National Veterans Service (NVS)
 - d) Unmet Needs
 - e) Veterans & Military Suicide Prevention and Mental Health Awareness
- 3) Number of times that your Auxiliary provided direct aid to veterans, service members and/or their families (example; meals, transportation, cards, packages, donations, etc.) _____
- 4) Approximate number of veterans, service members and/or their families assisted. _____
- 5) Total monetary donations and/or value of donations and goods/services provided to veterans, service members and/or their families? \$ _____
- 6) Submitted through Dept. Chairman for the award for most outstanding activity and/or event to increase awareness of military suicide and mental health. _____
- 7) Submitted through Dept. Chairman for the award for the most outstanding activity and/or event to increase support of veterans, service members and their families. _____

Email: union7883aux@gmail.com

mail: P.O. Box 534, West Ossipee NH 03890

All Year-end report forms should be sent to me by March 31, 2024.