

*Department of New Hampshire*  
*VFW Auxiliary President's Special Project*  
*Veterans Homeless Awareness*



## **March 2024 General Information**

### **VFW Auxiliary Cookbook**

Thank you to everyone that contributed to the Cookbook, and I can't wait for everyone to start cooking to help our Veterans in New Hampshire! The Cookbook will be available at the 04/20/2024 COA at the Holiday Inn Concord, NH Downtown and at the Department of NH VFW Auxiliary President's Testimonial! Cost \$10.00/ cookbook!

### **Where will your donations help?**

Homeless & Struggling Veterans in New Hampshire need our help! One of the big issues our Veterans have is paying for the out-of-pocket medical and dental expenses. These expenses include copays, deductibles, and expenses that are not covered by insurance. We all know exactly how expensive medications can be especially when our own insurance will not cover what the doctor has prescribed. Remember your recent visit to the Dentist and its time for a root canal or a crown? Dental insurance typically doesn't cover it all.

A special account has been created at Liberty House in conjunction with the VFW for a specific line in the ledger that will be used for those out-of-pocket expenses. Funds received for this Special Project will be earmarked for this newly created account line item. Funds received will be distributed on an as-need basis to a Veteran in need until the account is exhausted.

### **Look beyond the box!**

You will never know where you will find your next donation! Post your event on social media (Facebook, TikTok, Instagram, and X (formerly Twitter)). A great example: I posted on a local Facebook page about the cookbook, I received a message from a local woman. "I don't really have any good recipes but would like to donate to Liberty House." She donated a TON of items including (Hats, Socks, Water Bottles, Deodorant, Razers, Shaving Cream, and Snack Bars.

## What is Liberty House?

Liberty House is an organization that provides substance-free housing and connections to various community services that help New Hampshire veterans transition to independence.

**Community veterans:** They regularly work with struggling or homeless veterans from the community, male and female, many of whom are on fixed incomes, providing them with assistance such as food, clothing, transportation (gas cards, bus passes), camping gear and community referrals. While our transitional living program only serves male veterans, support for our community veterans is open to both male and female veterans.

## Ways to raise funds!

There are many ways to have an event to help! Here are some suggestions but this is only the beginning:

- 5K and 10K races
- Motorcycle rides
- Meat Raffle's
- Restaurant nights
- Food and clothing drives
- Bake sales

## WORD!

Now that you have scheduled an event, how do you get the word out? Send me an email or tag me on Facebook with the event information and or a flyer. It will be communicated to the local newspapers, The Patch, WMUR, and Facebook! If you schedule it, they will come! They served our country to keep all of us safe. Let's work together to support this great cause to organizations helping our Veterans get the resources they need and make a difference in their lives.

## Events?

Have you scheduled your event / fundraiser? Send me the notification and I will ensure it goes out to all the media outlets in your area! Some media outlets include: WMUR, The Union Leader, The Patch, and the Facebook Department Page.

Don't forget to put your flyer for your event/fundraiser at your local Post Office, Town Hall (if allowed), Senior Center, and Library.

Email to: [julie.derubeis@gmail.com](mailto:julie.derubeis@gmail.com)

Mail via US Postal Service: 12 Hartwood Dr - Merrimack, NH 03054

Best regards,

*Julie DeRubeis*

Dept of NH VFW Auxiliary Department  
President Special Project Chair 2023-2024



**LIBERTY**  
**HOUSE**

A Program of Catholic Charities NH



“When Life Offers  
a Veteran No  
Friendly Direction,  
Liberty House Holds  
Out the Hand of  
Brotherhood.”