# VOLUNTEERISM

Time for Auxiliary brothers & sisters to get together and see how your Auxiliary



can "volunteer" individually or together! The opportunities are out there in VA, medical facilities in your community, Nursing Homes including the NH Veterans Home......

## Not many requirements but simply your



Combine it all together, along with a firm commitment to volunteer you will be coming together and "challenging the needs of our Veterans" "by Banding together for our Veterans" and sharing your time, talents, and willingness to bring a little joy into their lives when they needed most!

## What can I do if I Volunteer?

➤ Each facility, VA & Non-VA alike, <u>has their own Volunteer Criteria</u>. Your responsibility is to first decide where you would like to volunteer, times and days that you are able to make a firm commitment (as a **Regular Scheduled** 

Volunteer) or find out what exactly the facility <u>has available for volunteers</u>. I understand from the last VAVS meeting in June, they were looking for the following volunteers:

#### **VA Medical Center in Manchester:**

Business Office, Pharmacy, Transporters, Dispatchers, Optometry "reminder calls", Logistics, Warehouse, drivers (DAV) and drivers for recreational trips (long and short trips).

- The next VAVS meeting is 9/6th, I will share updated list of volunteer positions via department email when received.
- ➤ Remember Simply contact CDCE "VA Center for Development & Civic Engagement" aka Voluntary Services by calling 603 624-4366 Ext 6419 for information, application, and any questions you may have! I am also able to assist you if needed.

### Remember!

Each facility will have specific opportunities and different type of positions, seek out what works **for your interest**; create ideas and events that will best suit the patient population at the facility you choose to volunteer at utilizing the age and ability of those that are volunteering. Many facilities have office type positions, assistance to the various departments, patient support, entertainment assistant and much more. Again, each facility is unique to

their individual needs and demands so being flexible is a plus.

Remember
Volunteering
begins in your
Heart.....

No time for a weekly commitment, hectic too crazy, then......

HECK IT OUT!

Your volunteers can reach out to Recreation Therapy for the CLC (Community Living Center) to receive their on-going, updating activities and needs to help them carry out the

programs they provide for the Veterans in the "CLC". I do believe they allow visitors to come in and help with certain activities including Bingo (which is only on Thursday nights and with a limit of \$30.00 & 4 members to assist with Bingo).

You must go thru the Volunteer office to see what the current process is to volunteer in the CLC because it has been changing depending on current environmental status. Bottom line there are many ways to step up and "volunteer" whether as a registered volunteer, or as an Auxiliary looking to sponsor an activity or event. BUT YOU HAVE TO TAKE THE FIRST STEP BY REACHING OUT, ASKING WHAT YOU AND YOUR AUXILIARY CAN "VOLUNTEER" to assist and or sponsor. There are many pathways to follow, but it begins with your members coming together to take the first step. Make that

it begins with your members coming together to take the first step. Make that call today, see how best your Auxiliary members can "volunteer" whether in person or Outside the box it all comes down to simply,



DISCUSS......MOTION/VOTE......EXECUTE & VOLUNTEER TOGETHER/SPONSOR AN ACTIVITY or EVENT



CHECK YOUR TIME, DISCUSS POSITIONS AVAILABLE, FILLOUT THE APPLICATION at the VA or other medical facility to become a "registered volunteer".



Lastly, the seasons are changing, numerous holidays will soon be upon us, to "volunteer" to plan a <u>special activity at the VA</u>, NH Veterans Home, or any medical facility in your community so step up. Plan it out, recruit youth to join you, and <u>make it a priority to bring love, happiness, joy and most importantly "company"</u> to the Veterans as Proud Volunteers of the VFW Auxiliary!

Thank you for all you do for our Veterans! Remember Volunteerism comes from the heart and begins with saying... "I can do that!"



Madeline Dreusicke, Hospital Chairman